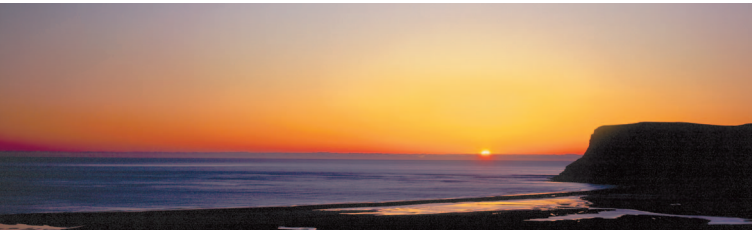




# *Snæfellsnes* *Nature Break*



**Vacation for body and mind!**



**2006**

# Nature Break

## • theraputic bathing •

We offer you a magnificent environment; thousands of islands and pure energy from Snaefellsnes glacier: Snaefellnes peninsula and the bay of Breiðafjörður are renowned for its breathtaking beauty. The area is one of a kind and has been called "Iceland in a nutshell", because most of the sights of the country are to be found there.



Snaefellsjökull, the mystical glacier is said to be one of seven strongest energy points in the world, and its influence can be found strongly on the peninsula.

Breiðafjörður bay is an impressive sight with islands, islets and skerries, which seem countless. Flatey island has one of the best preserved villages in Iceland and has an unusually interesting history. Stykkishólmur is a picturesque village/town with many renovated old houses that give the town a certain distinction.

This peaceful environment is unique. Our standard 2 - season package - spring and autumn is three nights: Thursday to Sunday.

We offer a variety of exciting trips and tailor made excursions.

We specialise in nature tours on sea and land - memories of a lifetime.



The traveller experiences the closeness of nature and the beauty of the landscape near the sea with thousand of islands, with Snaefellsnes glaciers towering over magnificent mountains on the peninsula. For centuries, Stykkisholmur has been a centre of trade and gateway to the islands of Breiðafjörður. The village is still an ideal destination for those who are visiting the Breiðafjörður area and Snaefellsnes peninsula. Geothermal heating started in Stykkisholmur in 1999. The hot water has been attested by the Institut Fresnius in Germany as “health water”, During your stay in Stykkisholmur you can enjoy the therapeutic bathing in the hot tubs at the swimming pool; the hot tubs have been used for treatment of psoriasis etc.

Local food supplies are fresh and free of contamination; the health system is of high quality.

All tours start at Thursday afternoon with transfer from Keflavik International airport to Stykkisholmur (around three hours), where you stay 3 nights at a small and friendly hotel, perfectly located in centre of town, only a few minutes walk from the beautiful harbour of Stykkisholmur. Lunch



and dinner are at the hotel saloon. The holiday from Thursday to Sunday offers you Nature Sea Adventure, Flatey Island, sea angling, horse trekking, Bjarnarhöfn farm, walking tour in Stykkisholmur, unique golf course. Friday morning after breakfast you can start the day by going to the swimming pool and relax in the hot tubs. During the stay, knowledgeable staff at Seatours ticket office is available for consult on day tours and excursions. Sunday early afternoon, you will be transported back to Keflavik airport.

# Stykkishólmur hot tubs and Bjarnarhöfn farm

In the centre of the town Stykkisholmur, is the swimming pool which is located in the sports centre. The swimming pool has an indoor and outdoor swimming pools and waterslide. It offers unique and very exclusive bathing in hot tubs with natural healing water straight from a hot spring at the old farm Hofstaðir. Many of our visitors attest to the remedial effect of the hot

mineral water on ailments such as muscular aches, rheumatism and psoriasis. The geothermal water resources in the hot tubs bear resemble to famous spa localities such as Baden Baden in Germany. The geothermal mineral water is claimed to be appropriate for health care by drinking as well as for bathing. The mineral water temperature varies from





39°C to 41 °C. Enjoy the hot tubs for relaxation and to de-stress, detoxify and rejuvenate your body and mind.

Bjarnarhöfn shark processing farm is a must to visit and enjoy to the remarkable history of the locality. Here you can visit the shark museum and taste the delicacy of a particular branch of Icelandic cuisine - cured shark. Shark is caught and left untreated for 6 weeks dogged down. This is only a preliminary



step in the process though. After being dogged up from its grave the shark is dissected into large chunks and left to dry in the winter wind for no less than six months. The local farmer Hildbrandur, will lead you on a tour of his family's pride, a small privately owned wooden church with a unique altarpiece.

*Adventure sail tours, National park,  
walking tour*



## Spring Nature Break

Price 36.999 ISK

### Special interest:

Experience light nights, rich birdlife, nature awakening. Guests will be offered following tours, depending on weather conditions.



- ✗ **Sea adventure, thousands of islands, rate: from ISK 3.800 to 5.800**
- ✗ **Flatey Island sailtour, jewel of the west, rate: ISK 3.900**
- ✗ **Sea Angling, rate: ISK 8.500**
- ✗ **Horse trekking, for experienced and non experienced riders: From ISK 4.800 to 6.800**
- ✗ **Snaefellsnes glacier and peninsula round tour: From ISK 10.900**
- ✗ **Cultural heritage of the area Stykkisholmur town and Bjarnarhöfn shark museum ISK 5.800**

### Rate includes:

**Transfer from and to airport, accommodation for three nights at local small and friendly hotel. Full board at Hotel saloon. Knowledgeable staff at Seatours ticket office and entrance to therapeutic hot tubs at swimming pool and Stykkisholmur golf course. Extra charge for single occupancy in room.**

Spring tours are not commissionable and not to be presold.



**Spring Nature break period:** Mars to June. First departure March 29 and last departure June 3rd.



*Activities on land and sea. Adventure sail tours, National park, walking tour*

## Autumn Nature Break

**Price 36.999 ISK**

### **Special interest:**

Autumn activities on land and sea

Guests will be offered following tours, depending on weather conditions.



- ✗ **Flatey Island sailtour, pearl of the west, rate: ISK 3.900**
- ✗ **Sea adventure, thousands of islands, rate: from ISK 3.800 to 5.800**
- ✗ **Horse trekking, for experienced and non experienced riders: From ISK 4.800 to 6.800**
- ✗ **Cultural heritage of the area Stykkisholmur town and Bjarnarhöfn shark museum ISK 5.800**
- ✗ **Sea Angling: ISK 8.500**
- ✗ **Snaefellsnes peninsula, National Park: From ISK 10.900**

### **Rate includes:**

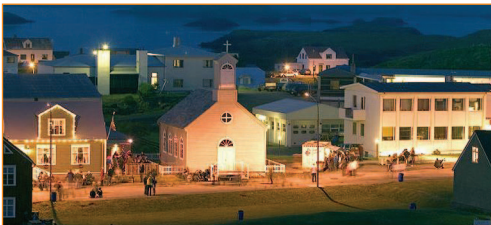
**Transfer from and to airport, accommodation for three nights at local small and friendly hotel. Full board at Hotel saloon. Knowledgeable staff at Seatours ticket office and entrance to therapeutic hot tubs at the swimming pool and Stykkisholmur golf course.**

**Extra charge for single occupancy in room.**

Activity tours are not commissionable and not to be pre sold.

**Autumn Nature break period:** August – October. First departure August 31st and last departure October 26th.





**Seatours is one of Iceland's main operators in the area of recreational tourism.**



**Seatours operates at  
Snafellsnes peninsula  
and Breidafjörður bay –  
gems of nature.**

**Seatours Ltd.**

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